



e+sana TAKE CARE

DeluxePlus

Dental

Vision

Prescription

Chiropractic

Telemedicine

Hospital and
Health Advocacy

Ancillary Services

\$39.95

a month per household.

eSana is not insurance.

+ Dental

- + NATIONWIDE NETWORK OF OVER 80,000 DENTISTS
- + No Paperwork
- + No Waiting
- + No Limits on Visits or Services
- + No Age Restrictions
- + Ongoing Dental Problems Accepted
- + Can Change Dentists Anytime
- + Oral Exams
- + X-Rays
- + Teeth Cleaning
- + Filings and Crowns
- + Orthodontics (braces)
- + Cosmetic Dentistry
- + Specialists Included

+ Vision *Includes Frames Direct*

- + MORE THAN 12,000 OPTICAL PROVIDERS NATIONWIDE
- + Save from 20% to 60% on all frames, lenses, tints, scratch-resistant coatings and ultra-violet protection
- + Save from 10% to 50% on eye exams and LASIK surgery
- + Special savings from 10% to 40% on contact lenses
- + Additional discounts on designer non-prescription sunglasses with the world's largest online optical store
- * Available through mail order program only
- ** Available through internet program only

+ Prescription *Including diabetic supplies*

- + MORE THAN 56,000 PARTICIPATING CHAIN AND INDEPENDENT PHARMACY LOCATIONS NATIONWIDE
- + Save 10% - 85% on most brand name and generic prescription drugs
- + Save on over the counter medications, smoking cessation aids sponsored by Smokers Last Chance
- + Save from 25% to 40% on Hearing Services
- + Mail order pharmacy option available
- + Wellness screenings through Life Line Screening

+ Chiropractic

- + MORE THAN 7,500 PARTICIPATING DOCTORS
- + Free initial consultation
- + 50% savings on all diagnostic services & required x-rays
- + 30% savings on treatment and most other services
- + No limit on number of visits

eSana is not insurance.

+ Telemedicine

- + eSana MedPlus - "like having a doctor in the family"
- + Around the clock 24/7 physician access
- + Convenient quality care is only a click or call away
- + Nationwide alternative to in-office doctor visits
- + Includes diagnostic consultations, you can call or email one of our doctors 24/7 for diagnosis and a prescription for only \$25.00 per call. Save 50% off the \$50 regular charge per call
- + Information medical consultations are unlimited (by telephone or e-mail for medical information and general advice)
- + Call or email a physician, without long waits at the doctor's office
- + Obtain information, recommendations, and prescription medication, when appropriate
- + Store and share your medical history and personal health records
- + No enrollment periods, insurance forms, or denials based on pre-existing conditions

"It's like having a doctor in the family"

* Administered by MyTelemedicine, Inc.

+ Hospital Advocacy

+ Bill Negotiator

A dedicated Patient Advocate works directly with a member's healthcare provider to help reduce their out-of-pocket portion of medical bills. To be eligible for Bill Negotiator, you must be an active member of eSana and your out-of-pocket balance from such medical services must exceed \$2500

+ Surgery Saver

Surgery cost can vary greatly from facility to facility, and in our experience, we have seen a 66% cost difference for the same surgical procedure with no appreciable difference in quality. A dedicated Advisor shops up to five surgical facilities to verify the best available price, quality and availability for non-emergence procedures, as well as physician privilege verification

+ Healthcare Navigator

Karis360 Advisors are available to address healthcare questions, concerns, and needs. Advisors assist in physician, prescription cost, and healthcare facility searches, as well as health cost estimates, alternative medicine options, lab and imaging services and Affordable Care Act questions, and more

+ Ancillary Services

Includes Lab, MRI, CT Scans, Bloodwork

- + National diagnostic imaging and radiology network that provides discounts of up to 70% on all imaging and radiographic services such as MRI's and Cat-Scans
- + Substantial discounts on all laboratory services of up to over 80% on all lab tests such as lipid panels, blood tests and comprehensive metabolic panels
- + Discounts of up to 50% on LASIK surgery at a nationwide network of Board Certified Ophthalmologists
- + Industry leader in providing individuals and families with discounted diabetic testing supplies

DISCLOSURES TO CONSUMERS

These discount medical plans are NOT health insurance or a MediCare Prescription Drug Plan. Membership in these programs entitles you to discounts for certain medical services and prescription drugs by providers who have agreed to participate in these discount programs. These programs do NOT make payments directly to the providers of medical services and prescription drugs. The programs' members are obligated to pay for all healthcare services, but will receive a discount from those healthcare providers who have contracted with these discount programs. The name, address and specialty of the discount medical and prescription drug program providers in your service area are available before purchase and upon request by logging on to www.esanasavewithdiscounthealthcare.com or call the eSana® Consumer Information Center at 1-800-647-8421. That the range of discounts for medical or ancillary services provided under the plan will vary depending on the type of provider and medical or ancillary service received.

eSana®
3419 Westminster #325
Dallas, Texas 75205

The average savings on the most utilized provider procedures stated in this brochure are only a sample from the discount fee schedule that each eSana® provider has agreed to honor for members. The discounts represent a reduction on a treatment or percentage basis of the usual and customary fees charged by the providers for a specific treatment. eSana® confirms that its medical, dental, vision, chiropractic and pharmacy providers are professionally licensed in your state, but does not guarantee the quality of the services or products. Quality of care complaints should be addressed to the appropriate licensing agency in your state. If you are not sure whom to call regarding quality of care complaints, contact the Consumer Information Center at 1-800-647-8421. If you have health insurance, this discount medical plan may be duplicative of your health insurance.



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www.esanahealth.com

**For more information,
contact eSana® benefit consultant listed below**